



## FUNdamentals Early Learning Programs

**Caring for children is a physically demanding job. Physical requirements of the job include but are not limited to:**

	Seldom Or Never	Monthly	Weekly	Daily	Hourly
1. Sufficient vision (close vision, distance vision, peripheral vision, depth perception, & the ability to focus) and hearing to allow for supervision & interaction with children					X
2. Able to lift children up to 50 pounds from the floor to waist high 10-15 times a day.				X	
3. Able to crouch to a child's height & maintain eye contact at a child's level					X
4. Able to sit on the floor & in child sized furniture				X	
5. Able to stand tall enough to reach children on play equipment				X	
6. Able to sit or stand for long periods of time				X	
7. Able to stoop and bend					X
8. Able to walk up and down stairs				X	
9. Able to tolerate heat/sun exposure for extended periods of time				X	
10. Able to clean & maintain classroom materials and equipment				X	
11. Ability to reach and grasp objects				X	
12. Manual dexterity or fine motor skills					X
13. Ability to communicate orally					X
14. Ability to hear					X
15. Must be able to proactively take precautions to ensure the health & safety of all children, parents, staff & themselves when coming in contact with children who are ill/contagious				X	
16. Able to plan, lead, and participate in age appropriate/developmentally appropriate activities					X
15. Other physical, mental or visual ability required by the job				X	

My signature acknowledges that I understand the physical requirements of the position.

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Staff Signature

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Date